

Facilities and Grounds

GROUNDS

The Wolf Ridge campus consists of about 2000 acres of forests, wetlands, lakes, and streams. There are 18 miles of hiking and skiing trails, and a number of outdoor learning sites. The central campus area on the ridgetop, includes 2 dormitories, two classroom buildings, a dining hall, office, and energy center.

To help us keep the campus environment in good shape, please use pathways between buildings. Collecting live plants or animals on Wolf Ridge grounds, except as part of a scheduled activity with a Wolf Ridge instructor, is prohibited.

Feel free to visit the overlooks or walk around on our trails during free time. Remember, students must be accompanied by a chaperone at all times. The ropes course, initiative games course, and all other outdoor study sites are off limits when a managed class is not in progress.

LODGING

NOTE

Dorm room assignments should be given to students prior to arrival to help make the move in easier.

Lodging is provided in one of two dormitories. The West Dorm has nine sections. Each section consists of coed hallways, sleeping rooms with 4-8 beds in each, shower and toilet facilities and one stone fireplace. The East Dorm is divided into four sections, has coed hallways, sleeping rooms with 6-8 beds and private bathrooms in each room. Both dorms contain coin-operated laundry facilities, a courtesy phone for outgoing calls, table and chair storage areas. In addition each dorm has a Health Room and Lounge. Priority for staying in the East Dorm is given to five day stays and adult groups. Group size, and ratio of male to female participants, may also influence dormitory assignments.

Specific dorm sections will be assigned for your group's use. Assignments will be made to maximize bedspace in each room. If available, extra rooms can be requested at an additional cost. A map of the dormitory and your group's assignment will be sent with your sample schedule four weeks prior to your visit. Sections belonging to other schools are off limits to all other students. Rooms have door locks, for which group leaders are given keys. There is a \$6.50 charge for each lost key.

All dorm supervision is the responsibility of the adults who accompany each group. Students are not allowed in the dorm at any time without adult supervision. You are encouraged to schedule some adults to eat meals early (with KP) if you wish to allow students to return to the dorm directly after meals.

Wolf Ridge requires a quiet time of 9:30pm-6:30am for both students and adults. Group coordinators are expected to deal quickly with disruptive students. Adults should use a classroom for meetings after 10pm.

The West Dorm hallway lights are on timers, and are on from 6:30-9:00am and 4:00-9:30pm. Exit lights provide sufficient light to travel during other

times. The East Dorm hallways have motion sensitive lights which turn on when needed. Outside pathway lights are on from dusk to 11:30pm and 5:00am to sunrise.

Wolf Ridge does not allow radios, tape-records, and chewing gum. Electric appliances (hair dryers, curling irons, shavers, etc.) are strongly discouraged in order to conserve electricity. Please do not apply insect repellent indoors as it permanently stains vinyl floor coverings. In case of a fire alarm chaperones should coordinate the removal of all students from the dormitory. Alcohol is not allowed on the Wolf Ridge campus. Smoking is not allowed in any Wolf Ridge building.

Personal storage in the dorms is limited. Plan on living out of a pack, or suitcase, which can be stored under your bed. Please be respectful of the housekeeping staff and clean dirty shoes off before entering the dorms. Bed linen normally is not provided. Students must bring their own sleeping bag, pillow and toiletries. Requests for linen (\$7.50/person) must be made at least two weeks in advance.

Groups are required to clean their dorm area prior to final departure. This includes picking up all trash and personal items. Dorm areas are checked and cleaned before your arrival. Prior to departure they will be checked again, and charges will be made for broken or damaged items, or insufficient cleaning. A per hour fee will be assessed if extra cleaning is necessary.

You will be asked to move out of your dorm space before morning class on your departure day. Adequate space in the dorm will be provided for your luggage. An appropriate number of male and female bathrooms will be open after your class for your group to use before they board the bus.

NOTE

Absolutely no food is allowed in any dormitory bedroom. There will be additional fees for each room littered or stained by food.

Food may be eaten in dorm lobbies or homerooms and stored in laundry rooms when not being used.

CLASSROOMS

Classes meet in the Education Building, the Science Center, or the lobby of the dorm.

Students are expected to come to class prepared for the weather. See the "What to Bring.." list in the appendices for a complete list of necessary items. On average, Wolf Ridge classes spend 75% of the class outside. Classes run regardless of weather conditions so students need to be prepared for the weather. Dressing in layers is essential for the cold weather months (October -April). A layer of long underwear underneath layers of shirts, sweaters, and coats is helpful to regulate body temperature. Layers can always be taken off and put on as needed. During the months with snow snowpants and two pairs of mittens and two hats are essential. Good rain gear, a poncho or rain suit, is essential for the spring, summer, and fall.

Group meetings before classes are a good time to review how to be prepared for the day.

FOOD SERVICE

Meals are served cafeteria style. To minimize waiting time, your group will be assigned a dining hall and meal times that may vary up to 15 minutes from the starting time. Teachers and chaperones are responsible for meal line order. Schools are required to monitor and tally each breakfast and lunch on a provided Daily Meals Served Record Form. Seconds will be announced when all groups have been served. Everyone is required to bus their trays and dishes. Adults closest to spills are requested to go to the kitchen and ask for a mop or rag to clean up. Departure Day Bag meals available with prior notice. The menu for the week can be found on our web site.

Special Dietary Needs

Schools or parents must contact the Wolf Ridge kitchen at least a month in advance to arrange for special dietary or allergy needs.

Wolf Ridge can provide the week's menu and lists of ingredients. A Peanut Butter Allergy Checklist is available upon request and should be shared with the parents of the child.

If given prior notice, all food (including snacks) served at WR is peanut and tree nut free.

MN law requires that schools provide lactose reduced milk, milk fortified with lactose in liquid, granular or tablet form; or milk to which lactobacillus acidophilus has been added for lactose intolerant students.

Special needs may necessitate bringing supplementary food from home. For example, while we can supplement with fresh veggies and fruit, we are unable to provide fully for those with celiac. While in residence at Wolf Ridge, dry and cold storage is available in the kitchen. Please label food with name. Small pots and pans, a microwave, toaster, and stove are available.

Please contact the kitchen at:
kitchen@wolf-ridge.org
218.353.7414

KITCHEN HELPERS (KP)

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must be provided by each school. The ratio is one helper for every 15 people in your group; a group of 150 is required to provide ten helpers for each meal. One adult for every 50 people from each group is required to accompany student kitchen helpers. Other adults may eat early if needed for dorm supervision, etc. KP should not be used as disciplinary action, unless one of your adults is prepared to supervise that student. Please note KP helpers are required to remain until 8:15am, 1:00pm

MEAL AND KP TIMES

Meal Time	KP Time	Serving Time	KP Over
Breakfast	7:15	7:30	8:15am
Lunch	11:45	12:00	1:00pm
Dinner	4:45	5:00	6:00pm

RECYCLING TEAMS (RP)

Recycling Patrol (RP):

Once (three day) or twice (five day) during your stay and on departure day, Wolf Ridge requires each school to provide a recycling team to sort and deposit the recyclables at the outdoor recycling platform located by the each dormitory. Similar to KP, the team will eat early. Recycling patrol usually takes less than 15 minutes with 5 students. Conservation challenge awards are handed to the school only if all bins in the schools are empty.

Teachers should assign a parent to act as lead for each recycling team. Your liaison will hand out an instruction sheet at the "Welcome". A Wolf Ridge staff member will not be present as the group recycles. The recycling team includes one male adult and one female adult as well as one student for every twenty people in the group. We suggest that recycling teams be assigned before arriving at Wolf Ridge.



WITH YOUR HELP, WOLF RIDGE CAN
SIGNIFICANTLY REDUCE THE AMOUNT
OF WASTE HAULED AWAY TO LANDFILLS.
THANK YOU VERY MUCH!